



JHARKHAND Rai University

R A N C H I

PAEDIATRIC PHYSIOTHERAPY ASSESSMENT

Date:

Name:

DOB:

Birth weight:

Age/sex:

Address:

Uhid no:

Op/ip no:

Chief complaints:

History

Prenatal

Natal

Postnatal

Family history

Observation

Supine

Prone

Sitting

Milestones

Social smile - 6 weeks–2 months

Follow with eyes 2–3 months

Head holding 3–4 months

Rolling over 4–6 months

Sitting (with support) 6 months
 Sitting (without support) 8 months
 Crawling 8–10 months
 Standing 9–10 months
 Walking (with support) 10–11 months
 Walking (without support) 12–15 months

Primitive reflexes:

Reflex	Normal until	Present	Integrated
Sucking	3 months		
Rooting	3 months		
Grasp	3 months		
Foot grasp	9 months		
Hand opening	1 month		
Placing	Remains		
Startle	3-4 months		

Spinal reflexes:

Reflex	Normal until	Present	Integrated
Flexor withdrawal	2 months		
Crossed extension	2 months		

Brainstem reflexes:

Reflex	Normal until	Present	Integrated
Atrr	6 months usually pathological		
Strr	Rare and pathological		
Tonic labyrinthine supine / prone	Pathological 6month		

Tilt reactions

Reactions	Emerges	Achieved	Not achieved
Supine and prone	6-months		
Four point kneeling	7-12 months		
Sitting	9-12months		
Kneel standing	18months		
Standing	12-18months		
Saving from fall	5-10months		

ON EXAMINATION

Higher cortical function
Integration with examiner
Integration with surroundings
Speech/ articulation
Vision
Hearing
Cognitive function

CRANIAL NERVE EXAMINATION

PHYSICAL EXAMINATION

Head circumference:
Chest circumference
Height
Weight

TENDON REFLEX

Biceps
Triceps
Knee
Ankle
Abdomen

RESPIRATORY STATUS:

Pattern of breathing

Relevant points-

SENSORY EVALUATION

Superficial
Deep
Combined cortical sensation

MOTOR ASSESSMENT/ MUSCULOSKELETAL ASSESSMENT

Muscle tone

Muscle power/ voluntary control:

AROM

PROM

Deformities /Contractures/Tightness

Limb length discrepancy

	Right(cm)	Left(cm)
True length		
Apparent length		

Muscle girth:

Mid-thigh		
Mid-calf		
Mid arm		
Mid forearm		

Posture assessment:

Co-ordination test:

Balance assessment:

Sitting balance:

- Static
- Dynamic

Standing balance:

- Static
- Balance

Bladder / bowel control

Gait assessment

FUNCTIONAL ASSESSMENT:

WEEFIM SCALE

SELF CARE

Eating

Grooming

Bathing

Dressing-Upper Body

Dressing-Lower Body

Toileting

SPHINTER

Bladder Management

Bowel Management

MOBILITY

Transfer Chair/Wheel Chair

Transfer Toilet

Transfer Tub

LOCOMOTION

Crawls/Walk/Wheelchair

- | |
|---------------------------------|
| 7 Complete Independence |
| 6 Modified Independence |
| 5 Supervision or Setup |
| 3 Moderate Assistance |
| 2 Maximal Assistance |
| 1 Total Assistance/Dependence |

Stairs

COMMUNICATION

Comprehension

Expression

SOCIAL COGNITION

Social Interaction

Problem Solving

Memory

Details of current medication

Investigations

Diagnosis

Problem list

GOALS

Short term

Long term

Management

Home exercise program: